



## Arnold Jay Popky

September 24, 1935 - February 8, 2021

Arnold Jay Popky, of California, was born on September 24th 1935 in Pennsylvania to parents Charles Popky and Rose Engel, and passed away on February 8th 2021 in California.

He is survived by his loving family.

# Tribute Wall



“ *Arnold Jay Popky*

October 08, 2023 at 05:23 PM



“ *A J says, were my words to my sons and friends as his “words” he taught me through EMDR in late 90’s eternally grateful for entering my life as well as my (6) sons he made Our life 💜❤️ till we meet again 🙏🇺🇸🙏*

**Cindy Mendez** - April 01, 2022 at 07:03 AM



“ *Thank you Dr. Popky, you taught me DeTur process with EMDR. You were a good man and talented therapist. I appreciate that you were creative enough to devise your special method of habit-breaking.*

*Sincerely, Marguerite McClure, Santa Fe, NM*

**Marguerite McClure** - June 11, 2021 at 06:10 PM



*I knew you were dead you hardcore bastard when I couldn't reach you. I figured...*

**Catherine Clay** - August 28, 2021 at 08:09 PM

JK

*My brother just now told me you are gone  
I was so glad to see you tho sad time for dad's funeral on Zoom. I think  
I emailed you about how for years was on wait lists for emdr and never  
got and also wanted to quit smoking whichy mom did in 70s decades  
before she passed  
I will always remember as a kid visiting you in NYC and seeing bars on  
window first time. And Charles as a teen on James st. I've had such a  
lonely and trauma life , which no relatives knew about . Been in such  
shock losing so many and grieving alone live alone no peers , I didn't  
even think to call him again. Much respect . Service to others indeed  
you succeed. Js Krohn*

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**JS Krohn** - November 23, 2021 at 01:44 PM